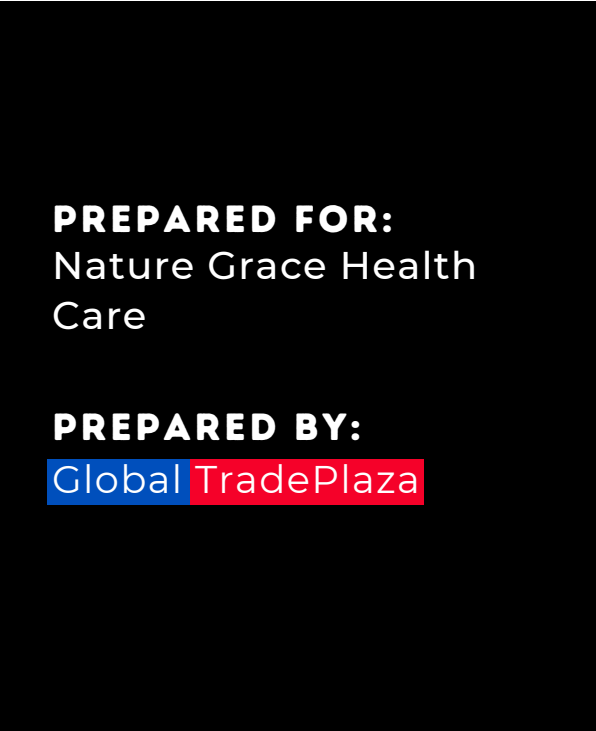


10. *Journal of the American Medical Association*, 2000; 284: 1039-1044.



# CONTENTS



- ABOUT US
- LAL MIRCH POWDER
- HALDI POWDER
- DHANIYA POWDER
- GARAM MASALA
- HEENG
- ALL PICKLES & CHUTNEY
- ALL RAW SPICES
- RAW, MANUFACTURED  
AYURVEDIC MEDICINES
- VEGETABLES, FRUITS,  
MANGO, DRAGON FRUIT
- JUICES, SQUASHES,  
MASALA SODA



# SUSTAINABLE

**Nature Grace Health Care** is a trusted name in Ayurvedic medicine and organic spice manufacturing, dedicated to providing pure and natural health products. Established in 2020 and based in Dehradun, India, we specialize in herbal formulations and premium organic spices, ensuring authenticity and quality in every product. Our spice range includes Lal Mirch Powder, Haldi Powder, Dhaniya Powder, Garam Masala, and Heeng, carefully sourced and processed to retain natural flavors and nutrients.

# LAL MIRCH POWDER





# HALDI POWDER



# DHANIYA POWDER



# GARAM MASALA





# HEENG





# ALL PICKLES & CHUTNEY



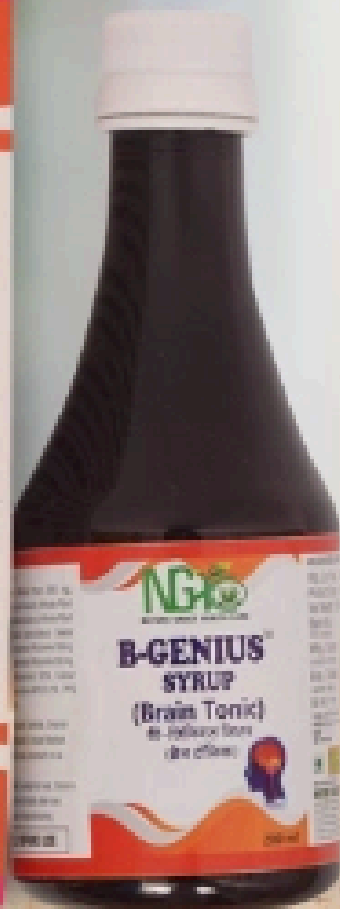
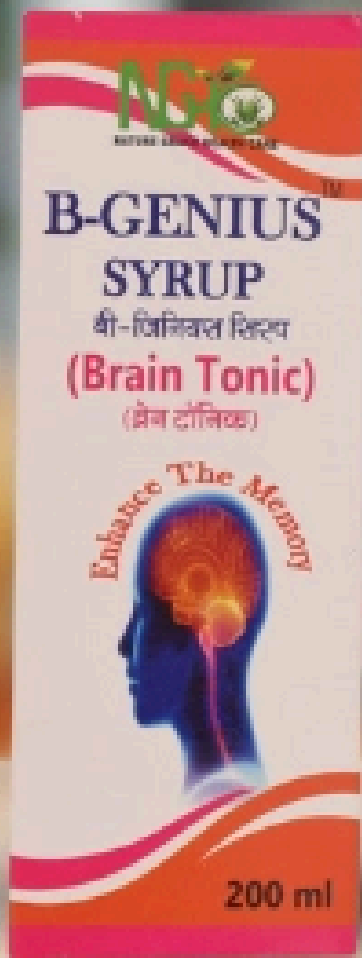


# ALL RAW SPICES





# RAW, MANUFACTURED AYURVEDIC MEDICINES





# VEGETABLES, FRUITS, MANGO, DRAGON FRUIT





# JUICES, SQUASHES, MASALA SODA





# Contact Us

---



**4/2, Nathanpur, Jogiwala,  
Dehradun, India**



**Naturegracehealthcare@gmail.com**



**THANK YOU**